

# THE FOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860

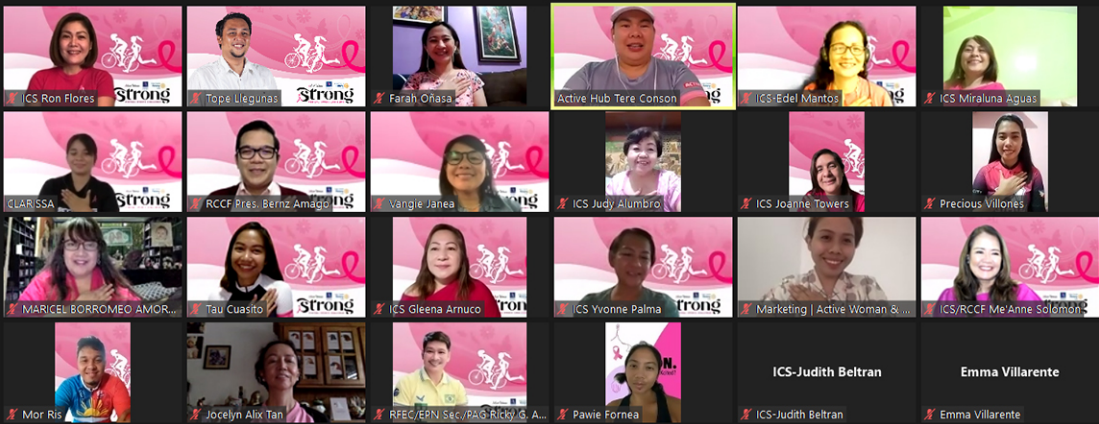
CHARTERED OCTOBER 29, 1982

CLUB # 17104

VOLUME: 40, NO.: 9 DATE: September 27, 2021



## Active Woman Strong Virtual Run Press Conference



Nelia's Navarro...

ACTIVEHUB



Dr. Xavier G. Sol...



Nelia's Navarro - I Conserve...

Active Hub Fitness Center

Tootsie Spaller

Dr. Xavier G. Solis, MPH

Miong Pelmon | Cebu Events ...



SERVE TO CHANGE LIVES



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Rotary International President

**ANNA LOUISA A. BUMAGAT**  
District Governor

**CAROLINE L. ANDRADE**  
District Secretary

**MICHAEL TORRES**  
Assistant Governor, Area 1D

Cebu Fuente  
**Rotary**  
Club



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PP MA. CONSOLACION A. PASION



# 9<sup>th</sup> General Membership Meeting

Virtual Meeting | September 20, 2021

Area of Focus: Basic Education and Literacy Month

SERVE TO CHANGE LIVES

Vol. 40, No. 9

## Programme

### PART 1

Call to Order.....	Pres. Bernardino Amago IV
Invocation.....	Audio Visual Presentation
Philippine Anthem.....	Audio Visual Presentation
The Rotary Hymn.....	Audio Visual Presentation
Four Way Test and Objects of Rotary.....	Audio Visual Presentation
Introduction of Rotarians / Spouses	
Visiting Rotarians/Rotaractors/Guest	

### PART 2

Fellowship: Bingo Night  
Announcements

### PART 3

Secretary's Report.....	Sec. Jomar Ponce
Treasurer's Report.....	Treas. Jun Torres
Director's Report	
President's Time.....	Pres. Bernardino Amago IV
Other matters	
Adjournment.....	Pres. Bernardino Amago IV

...Fellowship Continues...



Hosted by:

**ARCH. MANUEL L. TORRES, JR.**  
Treasurer

**JOSE ALFONSO C. ABAD**  
International Service Director

## INVOCATION

*Our Father, we thank you for the mercy of your welcome to us as we come to you in prayer. Here we would seek the energy we need for problem handling and load carrying in the week before us. We would ask for new and renewed visions, that we may see beyond our horizons, and have a real sense of your will for us. Help us to realize the worth of all we do at work, at home and in fellowship together, and guide us into even greater service in your kingdom. Amen.*

### Quote for the Week

"When you reach the end of your rope, tie a knot in it and hang on." - Franklin D. Roosevelt







# President's Message



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT

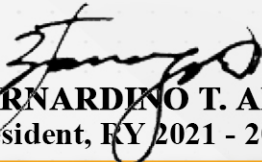
Dear RCCF Family,

With the hustle and bustle in our daily lives, it is always advisable to take a breather from time to time. Hence, we are dedicating this 9th General Membership Meeting for fellowship. Our September Team has prepared an online BINGO so we can all partake in the fun.

Nonetheless, allow me to bring to your attention the need to conduct an End Polio Now Campaign in view of the World Polio Day this October 11, 2021. We should also brace ourselves for a jampacked Pink October in view of our Breast Cancer Awareness advocacy.

May you all enjoy your time tonight!

Thanks and best regards,

  
**ATTY. BERNARDINO T. AMAGO IV**  
President, RY 2021 - 2022

Cebu Fuente  
**Rotary**  
Club



**SERVE TO  
CHANGE LIVES**



# From Secretary's Desk

**JOSE MARIE PONCE**  
Secretary, RY 2021 - 2022

## Attendance

ROTARY ID #	LAST NAME	FIRST NAME	5th 08/23	6th 08/30	7th 09/06	8th 09/20	Perfect Attendance
6726464	Abad	Jose Alfonso			✓	✓	
6581939	Abarintos	Conrado	✓		✓	✓	
8794289	Abay-Abay	Emman Reyán	✓	✓	✓	✓	
9330462	Amago IV	Atty. Bernardino	✓	✓	✓	✓	
6218949	Amores	Maricel	✓	✓	✓	✓	
11227470	Amores	Atty. Ernesto Miguel			✓	✓	
3362897	Barba	Richard	✓	✓	✓	✓	
6207695	Baring	Engr. Jesselito	✓	✓	✓	✓	
1166426	Calalang	Emmanuel			✓		
10954392	Deiparine	Atty. Sydrick Jose Andrei		✓	✓		
11227514	Elendrinó	Glenford			✓		
2036342	Espina	Arch. Joseph Michael		✓	✓	✓	
8944393	Jang	Pouly					
3516557	Karamihan	Dave John			✓	✓	
8599266	Kaufmann	Marina	✓	✓		✓	
9804883	Llegunas	Kristoffer	✓	✓	✓	✓	
8794288	Lomanta	Atty. Lolita	✓	✓	✓		
10709899	Ong	Jason	✓	✓	✓	✓	
6726443	Pasion	Ma. Consolacion	✓	✓	✓		
10410040	Ponce	Jose Marie	✓	✓		✓	
6581937	Ramos	Geraldine		✓	✓	✓	
8599268	Rimaz	Ma. Dolores					
5476140	San Pedro	Luz Filipinas					
11103868	Spaller	Hermínia		✓	✓		
8794286	Senerpida	Dr. Alain	✓	✓	✓		
3264107	Solomon	Mary Anne	✓	✓	✓	✓	
8543450	Sulay	Kendrick			✓		
9330558	Tesalona	Emmanuel	✓	✓	✓	✓	
11227493	Torres	Alfie					
5176670	Torres	Arch. Manuel, Jr.		✓	✓	✓	
10713855	Uy	Stephen Henry	✓	✓	✓	✓	
10410033	Yared	Patrick	✓	✓	✓	✓	
<b>TOTAL ATTENDEES IN ZOOM</b>			<b>220</b>	<b>36</b>	<b>34</b>	<b>34</b>	

### BIRTHDAYS

September 10 Ginging Lomanta  
September 20 PP Sol Pasion  
September 25 Inday Rimaz

### WEDDING ANNIVERSARIES

September 01 Sec. Jomar & Daryl Ponce  
September 08 PP Rogelio & Rosa Filipino  
September 08 PP Julio & Alicia Gonzalez  
September 20 Atty. Sydrick & Yeni Deiparine





GREETINGS, MY DEAR CHANGEMAKERS,

I am sure you are having an enriching experience as you *Serve to Change Lives*. One of the ways you can make the greatest change in a person's life is to help them learn to read.

Literacy opens up the world to us. It makes us better informed about life in our own communities and opens vistas to other cultures. Reading and writing connects people and gives us another way to express our love for one another.

September is Basic Education and Literacy Month in Rotary. Enhancing literacy skills is critical in our pursuit of reducing poverty, improving health, and promoting peace. In fact, if all students in low-income countries left school with basic reading skills, it would result in a significant cut in global poverty rates.

Without education, illiterate children become illiterate adults. Today, 14 percent of the world's adult population — 762 million people — lack basic reading and writing skills. Two-thirds of that group are women. Literacy and numeracy skills are essential to obtaining better housing, health care, and jobs over a lifetime.

Especially for girls and women, literacy can be a life-or-death issue. If all girls completed their primary education, there would be far fewer maternal deaths. And a child is more likely to survive past age 5 if he or she is born to a mother who can read. Improving outcomes for more people worldwide is possible only if countries remove barriers to education for girls. The economic argument for doing so is clear: In some countries where schooling is geared toward boys, the cost of missed economic opportunity is more than \$1 billion per year.

Empowering people through education is among the boldest goals we have as Rotarians. We don't have to travel far from our homes to encounter those whose lives are being curtailed because they struggle with reading, rely on others to read for them, or cannot write anything more than their own name.

Starting this month, consider how your club can *Serve to Change Lives* through literacy: Support local organizations that offer free programs to support adult literacy or local language learning, or that provide teachers with professional development centered around reading and writing. Become literacy mentors, or work with an organization like the Global Partnership for Education to increase learning opportunities for children around the world. Have conversations with local schools and libraries to see how your club can support their existing programs or help create needed ones in your community.

In India, the TEACH program, a successful collaboration between the country's Rotary clubs and its government, has demonstrated how to scale up literacy efforts to reach millions of children. And at a time when schools across India were closed due to the COVID-19 pandemic, the program's e-learning component reached more than 100 million children through national television.

Literacy is the first step out of poverty. As Nobel laureate Malala Yousafzai has noted, "One child, one teacher, one book, and one pen can change the world."

Shekhar Behra

President, Rotary International





## TRUSTEE CHAIR'S MESSAGE

### If you can dream it, you can do it

Malala Yousafzai is a young Pakistani activist for the education of girls and women. As a teenager, Malala, whom the world knows by her first name, courageously spoke out for the rights of girls to learn. Extremists in her country disagreed with Malala, and she was shot by a Taliban gunman on her way home from school.

But the attack didn't dissuade her; it made her more determined. As soon as she recuperated, she resumed her mission of education activism. Today the Malala Fund supports education through projects around the world.

Not only is Malala an inspiration for Rotary members, we also have some commonalities: a drive to do what is right, a passion for literacy, and the power to transform dreams into reality.

One of my life mottos is: If you can dream it, you can do it. This applies to everything Rotarians do, particularly with The Rotary Foundation. We literally make our dreams happen.

Like Malala, we know that literacy is, for many, the first step out of poverty. To put our vision into action, we first understand a community and the unique problems of its members, and then form a partnership with them. Next we join forces with others — exchanging ideas with clubs

in other districts, and working with people and organizations outside of Rotary.

Our solution, in the form of a district grant or global grant, will be tailored for that community. And if it's a Rotary grant, you can bet it will be well-planned, strategic, and most of all, sustainable. We want that gift of literacy to not be a one-time book donation but a plan to transform a community over time.

Over the years, I have seen countless literacy efforts in Rotary, from national programs to local projects. When the global COVID-19 pandemic hit last year, many clubs took action to help communities adjust to online schooling, including providing laptop computers. Rotary's solutions are endless, our volunteers tireless. And if I know Rotarians, I know that more solutions are being created as I write these words.

Rotary's passion for literacy and education projects is well-known. So is our commitment to make them happen. You, through Rotary, are a big part of helping people take their first step out of illiteracy, out of poverty, and into something much better. Remember, if you can dream it, you can do it — just like Malala.

**JOHN F. GERM**

*Foundation trustee chair*

## GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2021–22

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Calcutta-Mahanagar, India

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### Julio César A. Silva-Santisteban

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### Katsuhiko Tatsuno

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### Elizabeth Usovicz

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“Venky” Venkatesh  
Chennai Mambalam, India

### GENERAL SECRETARY

**John Hewko**  
Kyiv, Ukraine

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Muthaiga, Kenya

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Karachi, Pakistan

### Akira Miki

Himeji, Japan

### Barry Rassin

East Nassau, Bahamas

### Dean Rohrs

Langley Central, British  
Columbia, Canada

### Gulam A. Vahanvaty

Bombay, India

### GENERAL SECRETARY

**John Hewko**  
Kyiv, Ukraine





# SERVICE ABOVE SELF

## THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**First** The development of acquaintance as an opportunity for service;

**Second** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**Third** The application of the ideal of service in each Rotarian's personal, business, and community life;

**Fourth** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## THE FOUR-WAY TEST

Of the things we think, say, or do:

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it **build goodwill** and **better friendships**?
4. Will it be **beneficial** to all concerned?

## ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

As a Rotarian, I will

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians
5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



## ROTARY'S VISION STATEMENT

**TOGETHER** WE SEE A WORLD  
**WHERE PEOPLE** UNITE AND TAKE ACTION  
**TO CREATE** LASTING  
**CHANGE** ACROSS THE GLOBE  
**IN OUR COMMUNITIES AND IN OURSELVES**

As we stand on the cusp of eliminating polio, we find ourselves poised for our next challenge. The time is right to move toward realizing a new vision that brings more people together, increases our impact, and creates lasting change around the world.

To achieve the vision of Rotary International and The Rotary Foundation, we have set four priorities that will direct our work over the next five years.

## ROTARY'S STRATEGIC PRIORITIES AND OBJECTIVES

### **INCREASE OUR IMPACT**

- Eradicate polio and leverage the legacy
- Focus our programs and offerings
- Improve our ability to achieve and measure impact

### **EXPAND OUR REACH**

- Grow and diversify our membership and participation
- Create new channels into Rotary
- Increase Rotary's openness and appeal
- Build awareness of our impact and brand

### **ENHANCE PARTICIPANT ENGAGEMENT**

- Support clubs to better engage their members
- Develop a participant-centered approach to deliver value
- Offer new opportunities for personal and professional connection
- Provide leadership development and skills training

### **INCREASE OUR ABILITY TO ADAPT**

- Build a culture of research, innovation, and willingness to take risks
- Streamline governance, structure, and processes
- Review governance to foster more diverse perspectives in decision-making



## ROTARY'S CORE VALUES

The world today is not the same as it was when Rotary was founded in 1905. Demographics have shifted, the pace of change has accelerated, and technology has created new opportunities for connection and service. What hasn't changed is a need for the values that define Rotary:

# FELLOWSHIP INTEGRITY DIVERSITY SERVICE LEADERSHIP

By honoring our past and embracing our future, we can evolve and keep Rotary not only relevant, but thriving.



[rotary.org/actionplan](https://rotary.org/actionplan)





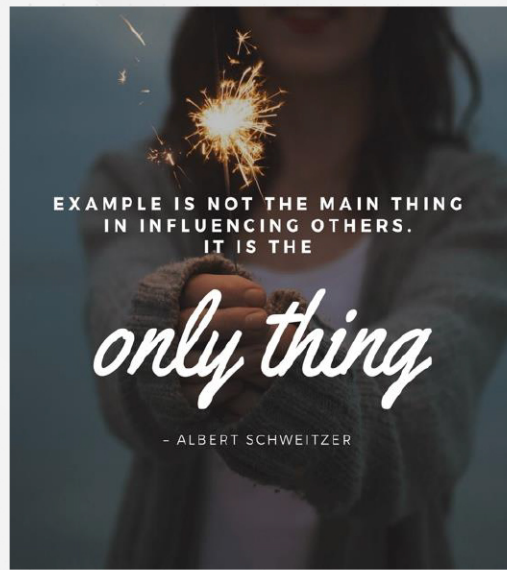
**I**nfluencing others in organizations is a multifaceted progeny that requires a solid understanding of influence and the obstinacy of the factors that go with it.

Yet, because of the obscurities in organizations and the diverse decision drivers, the influence process is difficult. Hence, the route to the successful way of persuading others is to be a model of what you preach. *Example is not the main thing in influencing others. It is the ONLY THING.*

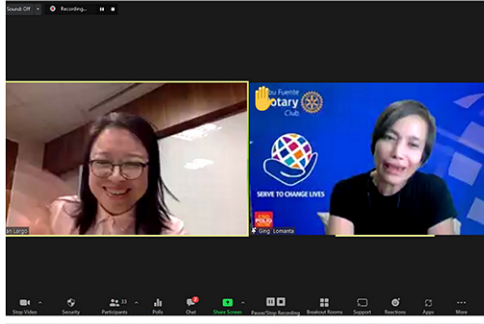
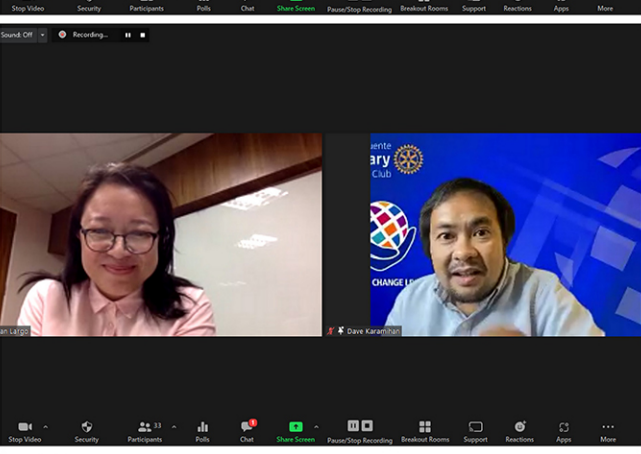
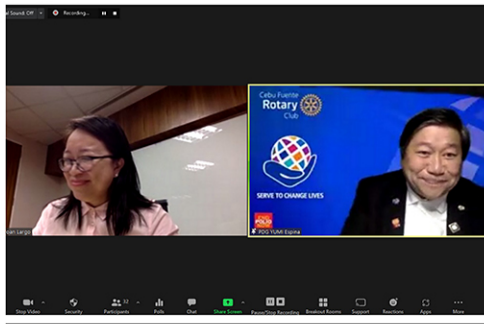
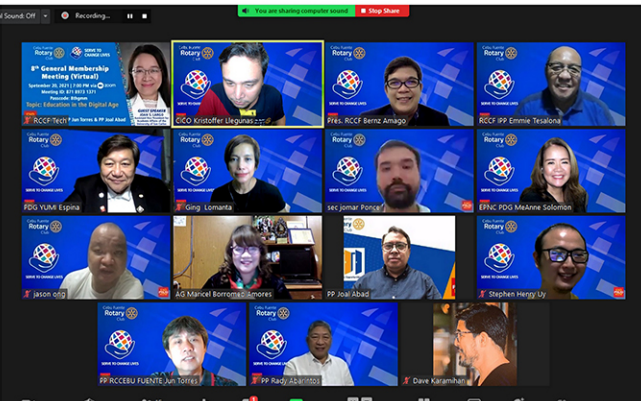
One's effectiveness in influencing others is the mastery of personal consciousness and interpersonal skills, which empowers individuals to manage themselves. You must be just and fair in extending your praises as well as your critiques. People can see easily through your agenda, your biases, and prejudices.

However, on the contrary, when people perceives you as one who upholds benevolent personal and professional relationships in order to support strategic goals and a culture of trust and collaboration then you have a bigger chance of persuading others to join your cause, your promotion, and initiatives.

It is important that for one to be a good influencer, one must manage themselves and communicate their brand and message of equity, impartiality, fair-mindedness, and spright of collaboration for the good of the great majority.

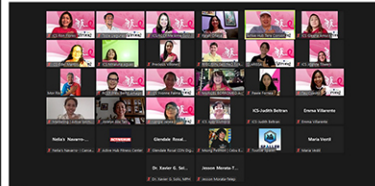
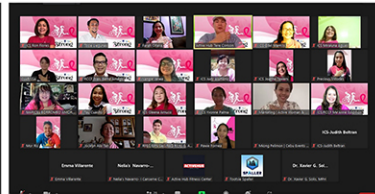
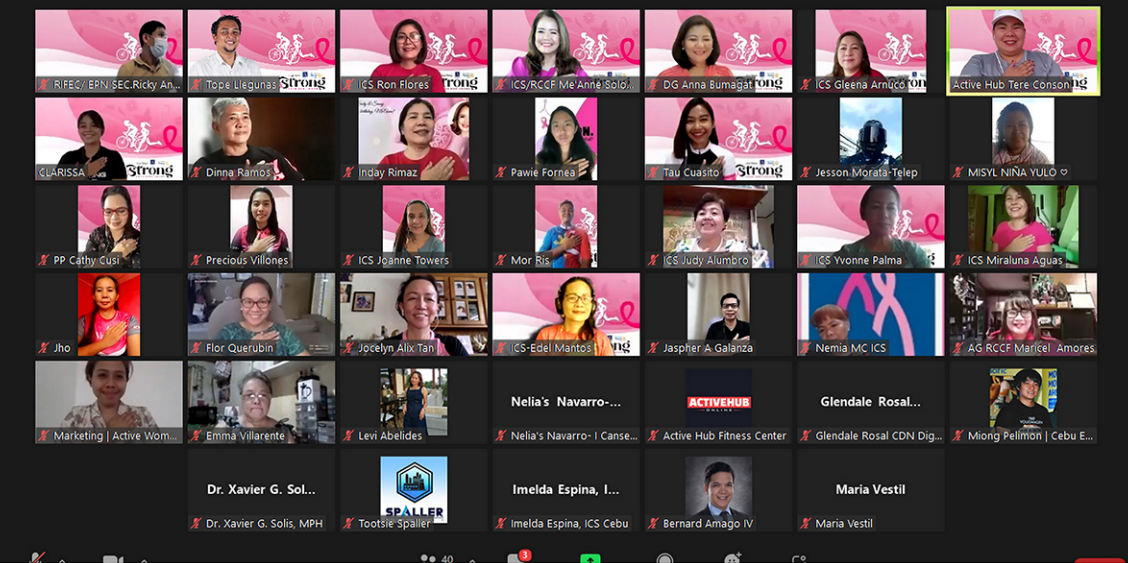


## 09-20-2021 8th RCCF GMM (Virtual) RY 2021 - 2022





## 09-25-2021 Active Woman Strong Virtual Press Conference







## #BATAUnihan

### Guide for Home Care and Referral of COVID-19 Patients

#### "When can I discontinue home isolation and care?"

##### SYMPTOMATIC CASES



For symptomatic cases, 10 days after symptom onset PLUS at least 3 additional days without symptoms

##### ASYMPTOMATIC CASES



For asymptomatic cases, 10 days after positive test for COVID-19

##### DAY 1

Home care isolation begins



##### DAYS 1 - 10

Monitor disease progression

##### DAY 10

If no longer asymptomatic, isolate for another 3 days, then you can discontinue isolation



If symptomatic past 10 days, isolate until 3 days pass without symptoms. Then, you can discontinue isolation



# **ORATIO IMPERATA: PRAYER AGAINST COVID-19 or 2019 CORONA VIRUS DISEASE**

**Merciful and compassionate Father, we come to you in our need to seek your protection against the COVID 19 virus that has disturbed and even claimed lives. We ask you now to look upon us with love and by your healing hand, dispel the fear of sickness and death, restore our hope, and strengthen our faith.**

**We pray that you guide the people tasked to find cures for this disease and to stem its transmission. We thank you for the vaccines developed made possible by your guiding hands.**

**Bless our efforts to use these vaccines to end the pandemic in our country.**

**We pray for our health workers that they may minister to the sick with competence and compassion.**

**strength in their commitment, protection from the disease.**

**We pray for those afflicted.**

**May they be restored to health.**

**Protect those who care for them.**

**Grant eternal rest to those who have died.**

**Give us the grace in these trying times to work for the good of all and to help those in need.**

**May our concern and compassion for each other see us through this crisis and lead us to conversion and holiness.**

**Grant all these through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever. Amen.**

**We fly to Your protection, O Holy Mother of God.**

**Do not despise our petition in our necessities, but deliver us always from all dangers,**

**O glorious and blessed Virgin. Amen.**

**Our Lady, health of the sick, pray for us.**

**St. Joseph, pray for us.**

**St. Raphael the Archangel, pray for us.**

**San Roque, pray for us.**

**San Lorenzo Ruiz, pray for us**

**San Pedro Calungsod, pray for us.**





## Certificate of Appreciation

is hereby presented to

**ORMAN MANANSALA**

for his invaluable contribution and support to the End Polio Now Campaign, which allows the Rotary Club of Cebu Fuente to open opportunities for its immediate community and the world.



  
**EMMANUEL P. TESALONA**  
President, RY 2020 - 2021



Thank you  
for your  
contribution  
and support  
to the End  
Polio Now  
Campaign,  
which allows  
the Rotary  
Club of Cebu  
Fuente to  
open  
opportunities  
for its  
immediate  
community  
and the  
world.



## Certificate of Appreciation

is hereby presented to

**CANDY CUSI**

for her invaluable contribution and support to the End Polio Now Campaign, which allows the Rotary Club of Cebu Fuente to open opportunities for its immediate community and the world.



  
**EMMANUEL P. TESALONA**  
President, RY 2020 - 2021



## Certificate of Appreciation

is hereby presented to

**SUSAN CZUDAI**

for her invaluable contribution and support to the End Polio Now Campaign, which allows the Rotary Club of Cebu Fuente to open opportunities for its immediate community and the world.



  
**EMMANUEL P. TESALONA**  
President, RY 2020 - 2021





**END  
POLIO  
NOW**



**COUNTDOWN TO  
HISTORY**



**END  
POLIO  
NOW**

**TAKE ACTION**  
ERADICATE A DISEASE FOREVER



# 5 REASONS WHY WE MUST ERADICATE POLIO

## 1 YOUR GIFT WILL IMPROVE LIVES.

Today, 19 million people who would otherwise be paralyzed by polio are walking, and 1.5 million people who would otherwise have died are alive.

## 2 YOUR GIFT WILL INVEST IN THE FUTURE.

If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year. A polio-free world will be a healthier world for children everywhere.

## 3 YOUR GIFT WILL IMPROVE CHILD HEALTH.

Polio surveillance networks and vaccination campaigns also monitor children for other health problems, like vitamin deficiency and measles, so we can address them sooner.

## 4 YOUR GIFT WILL LOWER HEALTH CARE COSTS.

The global effort to eradicate polio has already saved more than \$27 billion in health care costs since 1988, and expects to save \$14 billion more by 2050.

## 5 YOUR GIFT WILL MAKE HISTORY.

Polio eradication will be one of history's greatest public health achievements, with polio following smallpox to become only the second human disease eradicated from the world.



At the end of the 1980s, more than 350,000 children were paralyzed by polio every year. Today, Rotary and its partners have reduced the incidence of polio by 99.9 percent. However, until we see the last of the poliovirus, eradication efforts need additional funding to:

### IMMUNIZE

more than 400 million children against polio every year

### IMPROVE

disease surveillance systems to detect any poliovirus in a person or the environment

### HIRE

more than 150,000 health workers to go door to door to find every child

Donate now at [endpolio.org](https://endpolio.org)





Cebu Fuente  
**Rotary**  
Club



**SERVE TO  
CHANGE LIVES**

**[www.rccebufuente.org](http://www.rccebufuente.org)**  
**[info@rccebufuente.org](mailto:info@rccebufuente.org)**





Cebu Fuente  
**Rotary**  
Club



**100% PAUL HARRIS CLUB**  
**in Rotary International**  
**District 3860**  
**for RY 2016 - 2017**



Changemakers, got some cash to spare this end of September? Why not spend it on a meaningful cause! RACCF USC is proud again to Present, Islandspiration

Islandspiration is a fund drive by the RACCF-USC to donate hygiene and educational kits. This activity includes teaching the beneficiaries the proper way and importance of hygiene and sanitation during this COVID-19 pandemic.

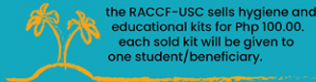
With the goal of bettering the health of the high school students at the President Carlos P. Garcia Technical Vocational School of Fisheries and Arts Puerto San Pedro, Bien Unido, Bohol, the RACCF-USC is selling the kits of Php 100 each. When you avail one kit, it will be given to one beneficiary.

This project is RAC CF-USC's initiative for the Brigada Eskwela of the Department of Education (DepEd).



## islandspiration

is a fund drive to donate hygiene and educational kits, the activity includes teaching beneficiaries the proper way and importance of hygiene and sanitation during this COVID-19 pandemic.



the RACCF-USC sells hygiene and educational kits for Php 100.00. each sold kit will be given to one student/beneficiary.

## the beneficiaries



61 Senior High School Students of Grade 12 – Amethyst from President Carlos P. Garcia Technical Vocational School of Fisheries and Arts (PCPGTVSFA), a public senior high school in Bien Unido, Bohol.

## how to avail?

avail a hygiene and educational kit for Php 100.00 and pay through:



Emeray P. Mendez  
09173364953



Emeray P. Mendez  
9319-3432-85

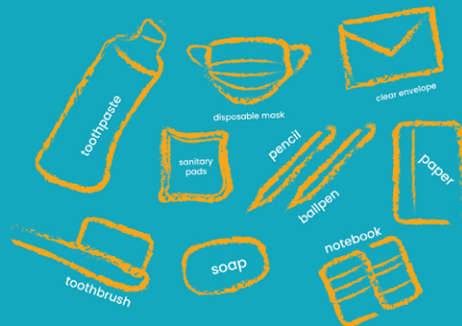
please send you receipt/screenshots to:  
<https://forms.gle/NyibJX5kcEUV48ts8>

for questions and inquiries, please message:

Caberto, Jessa Marie B  
(09950737098)

## what's in the kit?

hygiene and educational kit for our beneficiaries





# Invite someone to become a

Cebu Fuente  
**Rotary**  
Club



# Rotarian today.

## Join Rotary Club of Cebu Fuente



# Spread the Word!